**Chosen Session 10 – Due March 16**

**Opening Prayer**

Reflect on The Ten Commandments

* + “I am the Lord your God, you shall have no other gods before me.”
  + “You shall not take the name of the Lord your God in vain.”
  + “Remember the Sabbath day, to keep it holy.”
  + “Honor your father and your mother.”
  + “You shall not Kill”
  + “You shall not commit adultery”
  + “You shall not steal.”
  + “You shall not bear false witness against your neighbor.”
  + “You shall not covet your neighbor’s house.”
  + “You shall not covet your neighbor’s wife.”

I confess to Almighty God and to you, my brothers and sisters, that I have greatly sinned in my thoughts and in my words, in what I have done and in what I have failed to do, through my fault, through my fault, through my most grievous fault, therefor, I ask Blessed Mother ever-Virgin, all the angels and saints, and you, my brothers and sisters, to pray for me to the Lord our God. Amen

* Read page 86
* Watch Lesson 10, Segment 1: Hitting the Goal
  + Answer the following
    1. Which of his relatives did Father Schmitz say were “insanely good” at sports?
       - His brothers
       - His grandparents
       - His cousins
       - His nieces
    2. The \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ are God’s rules that allow us to be truly free.
    3. Did you think God intends for his rules to oppress us or to give us a free, fuller life? Explain your answer.
    4. List what each of the 10 commandments means to you.
* Watch Lesson 10, Segment 2: What is Sin?
  + Answer the following

1. Which of these is a condition of mortal sin?
   * Grave matter
   * Full knowledge
   * Full consent
   * A, B and C
2. True or False. The Church distinguishes between private and public sin because some sin only affects us personally.
3. Father Schmitz says no sins are private. What do you think he means?
4. What does the following passage teach us about Confession?
   * Jesus said to them again, “Peace be with you. As the Father has sent me, so I send you.” And when he had said this, he breathed on them and said to them, “Receive the Holy Spirit. Whose sins you forgive are forgiven them, and whose sins you retain are retained.” John 20:21-23

* Watch Lesson 10, Segment 3: The Power of Confession
  + Answer the following

1. The \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ of Confession assures us that a priest would never reveal confessed sins.
2. True or False. In confessing our sins, we don’t need to regret them, but we need to repent of them.
3. Father Schmitz explains that we should confess our sins in \_\_\_\_\_\_\_\_\_\_\_\_\_\_ and kind.
4. How do you feel going into Confession? How do you feel leaving?
5. What are some reasons God gives us the Sacrament of Reconciliation, instead of having us say “sorry” in a purely private way?
6. How can we get ready to go to Confession, especially if we have not gone in awhile?

* Read pages 88 and 89

1. What advice would you give a friend who said he was too embarrassed to let the priest at his church hear his confession about a particular sin?
2. What are the two sacraments of healing?

* Read page 90

1. Complete challenge 2 or 3 on page 91. Write a summary about it.

* Read page 92-94

1. What are the 4 reasons that Jesus gave us the Sacrament of Reconciliation?
2. Why does the priest kiss the cross on his stole and put it on?
3. What does taking it off symbolize?